

**Group one: Weigh in 08:00. Presentation of lifters 09.50. Competition starts at 10.00**

NAME		Club	AT	cat	B/W	SNATCH kg			JERK kg			BEST		TOTAL	pts	Pos	
						1	2	3	1	2	3	SN	JERK				
Hannah	Powell	HAWFC	150	48	<b>47.20</b>	<b>64</b>	<b>67</b>	<b>-69</b>	<b>84</b>	<b>-86</b>	<b>-87</b>	<b>67</b>	<b>84</b>	<b>151</b>	<b>251.23</b>		<b>1st</b>
Catrin	Jones	Bangor	133	48	<b>47.00</b>	<b>60</b>	<b>63</b>	<b>65</b>	<b>76</b>	<b>-80</b>	<b>81</b>	<b>65</b>	<b>81</b>	<b>146</b>	<b>243.83</b>		<b>2nd</b>
Tiffany	Brannan	HAWFC	135	53	<b>52.80</b>	<b>55</b>	<b>60</b>	<b>-63</b>	<b>70</b>	<b>75</b>	<b>-80</b>	<b>60</b>	<b>75</b>	<b>135</b>	<b>204.26</b>		<b>1st</b>
Christie	Williams	WillPow	154	58	<b>57.60</b>	<b>75</b>	<b>-78</b>	<b>-78</b>	<b>90</b>	<b>0</b>	<b>0</b>	<b>75</b>	<b>90</b>	<b>165</b>	<b>233.48</b>		<b>1st</b>
Holly	knowles	NW1	124	58	<b>57.70</b>	<b>-54</b>	<b>54</b>	<b>-57</b>	<b>70</b>	<b>-73</b>	<b>-76</b>	<b>54</b>	<b>70</b>	<b>124</b>	<b>175.24</b>		<b>3rd</b>
Mari	Shepherd	Willpow	140	58	<b>57.20</b>	<b>60</b>	<b>63</b>	<b>-65</b>	<b>77</b>	<b>-80</b>	<b>80</b>	<b>63</b>	<b>80</b>	<b>143</b>	<b>203.39</b>		<b>2nd</b>
Stephanie	Owens	HAWFC	168	63	<b>62.50</b>	<b>72</b>	<b>-76</b>	<b>-77</b>	<b>90</b>	<b>-94</b>	<b>-95</b>	<b>72</b>	<b>90</b>	<b>162</b>	<b>216.44</b>		<b>1st</b>
Amy	Salt	NW1	147	63	<b>61.70</b>	<b>63</b>	<b>-67</b>	<b>67</b>	<b>83</b>	<b>87</b>	<b>-90</b>	<b>67</b>	<b>87</b>	<b>154</b>	<b>207.55</b>		<b>2nd</b>
												<b>0</b>	<b>0</b>	<b>0</b>	<b>#DIV/0!</b>		
												<b>0</b>	<b>0</b>	<b>0</b>	<b>#DIV/0!</b>		

**Group two: Weigh in 08:00. Presentation of lifters 11.50. Competition starts at 12.00**

NAME		Club	AT	cat	B/W	SNATCH kg			JERK kg			BEST		TOTAL	pts	Pos	
						1	2	3	1	2	3	SN	JERK				
Seth	Casidsid	HAWFC	196	56	55.60	-82	-82	82	-100	100	-110	82	100	182	285.66		1st
Sam	Henderson	HAWFC		62	57.10	75	82	85	-90	-90	-90	85	-90	-5	-7.69		-
Michael	Farmer	Caerphil	190	62	60.80	-90	90	-93	110	-114	-114	90	110	200	293.35		1st
Cieran	Rippin	SA1	213	69	67.60	100	105	-108	-125	125	-130	105	125	230	313.54		1st
Benjamin	Wolsey-Heard	SA1	205	69	66.50	90	95	-100	-110	110	-115	95	110	205	282.50		2nd
Rhodri	Beynon	will pow	221	77	75.80	90	-95	-95	110	115	-120	90	115	205	260.48		1st
												0	0	0	#DIV/0!		
												0	0	0	#DIV/0!		

**Group three: Weigh in 10:00. Presentation of lifters 13.40. Competition starts at 13.50**

NAME		Club	AT	cat	B/W	SNATCH kg			JERK kg			BEST		TOTAL	pts	Pos
						1	2	3	1	2	3	SN	JERK			
Faye	Pittman	Cardiff	168	69	<b>64.90</b>	<b>70</b>	<b>73</b>	<b>75</b>	<b>100</b>	<b>103</b>	<b>-106</b>	<b>75</b>	<b>103</b>	<b>178</b>	<b>231.99</b>	<b>1st</b>
Holly	Roderick	SA1	170	69	<b>67.30</b>	<b>-65</b>	<b>-65</b>	<b>65</b>	<b>95</b>	<b>-100</b>	<b>-100</b>	<b>65</b>	<b>95</b>	<b>160</b>	<b>203.83</b>	<b>2nd</b>
Anita	Madan	SAW	130	69	<b>66.30</b>	<b>61</b>	<b>-63</b>	<b>-63</b>	<b>70</b>	<b>73</b>	<b>-75</b>	<b>61</b>	<b>73</b>	<b>134</b>	<b>172.30</b>	<b>4th</b>
Rebecca	Parker	SA1	140	69	<b>66.30</b>	<b>57</b>	<b>-61</b>	<b>61</b>	<b>75</b>	<b>80</b>	<b>-83</b>	<b>61</b>	<b>80</b>	<b>141</b>	<b>181.30</b>	<b>3rd</b>
Tayla	Howe	SA1	157	75	<b>74.10</b>	<b>65</b>	<b>-70</b>	<b>70</b>	<b>87</b>	<b>92</b>	<b>95</b>	<b>70</b>	<b>95</b>	<b>165</b>	<b>198.85</b>	<b>1st</b>
												<b>0</b>	<b>0</b>	<b>0</b>	<b>#DIV/0!</b>	
												<b>0</b>	<b>0</b>	<b>0</b>	<b>#DIV/0!</b>	
												<b>0</b>	<b>0</b>	<b>0</b>	<b>#DIV/0!</b>	

**Group four: Weigh in 10:00. Presentation of lifters 15.20. Competition starts at 15.30**

NAME		Club	AT	cat	B/W	SNATCH kg			JERK kg			BEST		TOTAL	pts	Pos
						1	2	3	1	2	3	SN	JERK			
Ben	Rose-Miles	Llanelli	246	85	84.70	<del>-110</del>	110	<del>-115</del>	<del>-136</del>	136	<del>-139</del>	110	136	246	294.50	2nd
Phil	Eaton	willpowe	276	85	84.70	<del>-118</del>	<del>-118</del>	<del>-121</del>	145	<del>-152</del>	0	-118	145	27	32.32	
David	Lewis	Willpow	246	85	83.00	<del>-107</del>	107	<del>-111</del>	135	<del>-139</del>	<del>-139</del>	107	135	242	292.69	3rd
Gwion	Williams	Unit	240	85	84.40	105	<del>-110</del>	<del>-110</del>	135	<del>-138</del>	<del>-140</del>	105	135	240	287.82	4th
Harry	Misangyi	NW1	257	85	84.40	100	105	<del>-110</del>	135	141	147	105	147	252	302.21	1st
Alex	Evans	Pen y Bc	277	94	94.00	120	<del>-125</del>	<del>-125</del>	<del>-150</del>	150	<del>-155</del>	120	150	270	308.03	3rd
Joshua	Parry	Iron She	274	94	92.50	120	125	<del>-130</del>	155	<del>-160</del>	160	125	160	285	327.41	1st
Theo	Morgan	Willpow	270	94	93.20	<del>-122</del>	122	<del>-127</del>	<del>-155</del>	<del>-155</del>	155	122	155	277	317.17	2nd
Jordan	Sakkas	Willpow	275	105	94.90	120	<del>-125</del>	<del>-125</del>	155	<del>-161</del>	0	120	155	275	312.47	2nd
Rhodri	West	Unattac	295	105	102.70	125	130	<del>-135</del>	<del>-155</del>	156	<del>-166</del>	130	156	286	315.04	1st







