

NAME	Club	AT	cat	B/W	SNATCH kg			JERK kg			BEST		TOTAL	pts	Pos	
					1	2	3	1	2	3	SN	JERK				
Ellie Pryor	Breeze		100	48	47.75	41	43	46	55	-58	-58	46	55	101	166.32	2nd
Hannah Powell	HAWFC		145	48	46.70	-62	-62	62	-78	78	-82	62	78	140	235.16	1st
Mari Shepherd	Breeze		131	58	57.40	-55	-55	55	70	71	-74	55	71	126	178.75	1st
Hazel Gray	Cavanagh			58	57.55	35	-38	-40	40	44	48	35	48	83	117.52	3rd
Joanna Andrews	Gym66		132	58	56.85	55	60	-63	-65	65	-69	60	65	125	178.60	2nd
Tiffany Brannan	HAWFC		130	58	56.45							0	0	0	0.00	
Leah Timms	Breeze		30	63	62.60	30	32	34	35	38	40	34	40	74	98.76	
Taylor Addicott	Breeze		85	63	60.50	37	-40	-40	45	-48	48	37	48	85	116.12	
Naomi Pearce	SAW		105	63	61.80	40	42	-44	54	-56	56	42	56	98	131.93	3rd
Ania Negele	F Swans		140	63	61.90	55	60	-65	73	-78	-78	60	73	133	178.85	1st
Amy Salt	Core		135	63	60.90	50	-55	55	67	-71	-71	55	67	122	165.90	2nd

Women Group two: 69kg & 75kg-: Weigh-in 07.00. Presentation of lifters 10.30. Competition starts 10.40

NAME	Club	AT	cat	B/W	SNATCH kg			JERK kg			BEST		TOTAL	pts	Pos	
					1	2	3	1	2	3	SN	JERK				
Penny Pearson	Pen Y Bor		135	69	68.80	60	-65	65	75	-78	-78	65	75	140	175.98	3rd
Stephanie Owens	HAWFC		163	69	66.00	68	72	74	88	91	-94	74	91	165	212.76	1st
Nicole Talbot	Oxford		151	69	67.60	61	-65	-68	83	88	-92	61	88	149	189.30	2nd
Rebecca Parker	F Swans		100	69	65.25	40	43	46	-60	-60	60	46	60	106	137.68	
Kirsty Cadger	Cavanagh		130	69	66.15	60	63	-65	70	75	-80	63	75	138	177.69	
Leticia Freeman	Pen Y Bor		127	69	65.50	52	-56	-56	60	65	70	52	70	122	158.07	
Melanie Branton			130	69	67.95	58	-62	-62	68	72	-78	58	72	130	164.64	
Beth O'Neill	CF Glevur		108	69	66.95	48	52	-56	60	65		52	65	117	149.53	
Amy Evans	Breeze		165	75+	83.90	67	71	73	-92	-92	92	73	92	165	187.08	1st

Men Group three: 56kg, 62kg, 69kg: Weigh-in 10.00. Presentation of lifters 12.00. Competition starts 12.10

NAME	Club	AT	cat	B/W	SNATCH kg			JERK kg			BEST		TOTAL	pts	Pos	
					1	2	3	1	2	3	SN	JERK				
Samuel Ashton	Breeze		88	56	53.60	35	38	-40	50	53	55	38	55	93	150.32	1st
Haroon Siraj	Hallam		185	62	60.10	80	-85	85	97	-102	-102	85	97	182	269.22	2nd
Seth Casidsid	HAWFC		184	62	60.20	78	-82	82	98	-102	102	82	102	184	271.84	1st
Cieran Rippin	SA1		181	69	68.00	80	85	88	100	-105	105	88	105	193	262.09	2nd
James Richards	Willpower		180	69	68.25	80	-85	85	-100	100	-105	85	100	185	250.63	3rd
James Williams	HAWFC		111	69	63.00	45	50	52	57	60	65	52	65	117	167.30	
Jack Wensley	Pen Y Bor		210	69	66.70	87	92	97	113	120	-125	97	120	217	298.44	1st
Ben Robson	CardiffMe		155	69	68.60	60	65	70	85	-88	-90	70	85	155	209.29	

Men Group four: 77kg: Weigh-in 10.00. Presentation of lifters 13.30. Competition starts 13.40

NAME	Club	AT	cat	B/W	SNATCH kg			JERK kg			BEST		TOTAL	pts	Pos	
					1	2	3	1	2	3	SN	JERK				
Bertie Jones	Willpower		186	77	77.00	75	80	83	90	95	100	83	100	183	230.45	
Jonathan Pamment	Breeze		240	77	76.40	109	112	114	-130	130	-135	114	130	244	308.64	2nd
Brandon Saunders	Willpower		208	77	75.30	90	-95	95	-110	110	-115	95	110	205	261.47	3rd
Alex Vaughan-Morris			167	77	72.15	68	71	74	90	93	95	74	95	169	221.10	
Owain Wyn Rowlands	SAW		240	77	76.70	108	110	-114	-135	135	137	110	137	247	311.74	1st
Christopher Best	Cavanagh		165	77	75.30	70	76	-81	90	95	-100	76	95	171	218.11	

Men Group five: B Group 85kg, 94kg, 105kg: Weigh-in 13.00. Presentation of lifters 14.50. Competition starts 15.00

NAME	Club	AT	cat	B/W	SNATCH kg			JERK kg			BEST		TOTAL	pts	Pos	
					1	2	3	1	2	3	SN	JERK				
John Saint Clare Williams	SA1		191	85	81.65	80	85	-90	105	110	-113	85	110	195	237.86	
Aaron Logan	Breeze		125	85	81.30	60	65	-70	-75	75	82	65	82	147	179.71	
Kyle Jones	HAWFC		205	85	82.95	-90	90	-95	-119	-119	119	90	119	209	252.86	
Serj Maksimov			205	85	81.10	92	97	-101	117	122	-126	97	122	219	268.08	
David Lewis	Willpower		200	85	78.55	80	-85	85	105	-110	110	85	110	195	242.85	
Carl Rees	SAW		205	85	89.30	85	-88	-88	107	-111	112	85	112	197	229.92	
Fred Jones	Willpower		184	94	88.35	80	85	-90	93	-98	-102	85	93	178	208.79	
Liam Rodgers	Workshop		203	94	92.90	90	95	-100	-110	115	-120	95	115	210	240.79	
Kamran Jokarzadeh			190	94	92.55	80	-85	-90	115	-120	125	80	125	205	235.45	

Men Group six: 85kg A Group: Weigh-in 13.00. Presentation of lifters 16.20. Competition starts 16.30

NAME	Club	AT	cat	B/W	SNATCH kg			JERK kg			BEST		TOTAL	pts	Pos	
					1	2	3	1	2	3	SN	JERK				
												0	0	0		
David Bater	Pen Y Bor		224	85	83.70	93	-100	-100	120	125	-127	93	125	218	262.54	
Adam Tossell			260	85	79.60	-110	-110	-110	-137	-137	137	-110	137	27	33.38	
Matthew Dixon			218	85	83.20	105	109	112	124	127	133	112	133	245	295.95	3rd
Philip Eaton			253	85	84.40	-120	120	-124	-143	143	145	120	145	265	317.80	1st
Owen Satterley			250	85	83.00	-108	110	-112	145	150	-155	110	150	260	314.46	2nd
Ben Rose-Miles			212	85	83.20	85	90	-95	-125	-125	-125	90	-125	-35	-42.28	
Max Mitcham			250	85	81.65	100	-105	-105	130	-133	133	100	133	233	284.21	

Men Group seven: 94kg & 105kg A Group: Weigh-in 15.00. Presentation of lifters 17.50. Competition starts 18.00

NAME	Club	AT	cat	B/W	SNATCH kg			JERK kg			BEST		TOTAL	pts	Pos	
					1	2	3	1	2	3	SN	JERK				
Daniel Farmer	KBT		230	94	91.90	100	-104	-106	-141	-141	-141	100	-141	-41	-47.24	
Edmond Avetisyan	Empire		250	94	90.00	115	120	-125	150	155	-160	120	155	275	319.81	1st
Joshua Parry			250	94	90.80	-105	-105	105	135	140	-145	105	140	245	283.78	3rd
Ryan Hill	CF Cardiff		245	94	91.20	-115	115	-120	140	145	-150	115	145	260	300.56	2nd
Jack Crosse	Celtic Aca		230	94	93.95	85	90	-100	125	130	-135	90	130	220	251.04	
Alex Evans	Pen Y Bor		272	94	93.90	-120	-120	-120	-130	0	0	-120	0	-120	-136.96	
Andrew Riddiford	Breeze		250	94	93.05	102	107	-110	125	-130	130	107	130	237	271.56	
Joshua McCarthy	Willpower		240	105	100.50	-100	100	105	127	-132	-135	105	127	232	257.63	2nd
Rhodri West	Cardiff		266	105	102.75	120	-125	-130	155	-160	160	120	160	280	308.38	1st

