



# Code of Conduct for Board of Directors Policy

Approved: October 2016

Review: October 2019

## **Code of Conduct for Board of Directors**

Wales Weightlifting Federation Ltd (WW) recognises the huge contribution made by the voluntary directors. The purpose of this code is to maintain high standards of conduct, assist directors in their voluntary role and to protect the best interests of WW. WW has a code of conduct across the sport for all Board Directors. This code recognises the 7 principles of good governance stated in the governance and leadership framework.

The 7 principles are:

Integrity: acting as guardians of the sport, recreation, activity or area

WW directors are expected to dedicate adequate time to their role as directors. They hold high sporting ethical standards. Where appropriate they take the views of athletes, participants and members into consideration. Directors protect the vision of WW set out in the WW strategy. Directors promote equality & physical wellbeing. They uphold the rules & regulations of weightlifting and ensure these are circulated with the WW members.

Directors support governance and athlete development. As a sport WW are strongly against anti-doping and support the education and training on anti-doping.

Defining and evaluating the role of the board

Good governance is agreed by the board and protected by the board. Conflicts of interest are declared & appropriate documentation is filed. Board members publicly support group decisions even when personal opinion is different. Board members are expected to use appropriated and respectful language and behaviour. Board members are required to be up to date with WW's risk register.

Members of the board have a role description this is agreed by the board members. Sub groups of the board are decided based on the skills of each board member.

Setting vision, mission and purpose

WW's strategy and vision is discussed and agreed by the board. The strategy is made available to all members of WW. The strategic plan is discussed and agreed upon by directors. The strategy is based upon funds secured by WW and a risk register is developed to mitigate any risks.

4 objectivity: balance, inclusive and skilled board

5 standards, systems and controls

6 accountability and transparency

7 understanding and engaging with the sporting landscape

Directors should hold their position primarily for their knowledge, skills set and experience and their ability to actively contribute to the running of the WW.

The 2006 Companies Act brought in seven general duties of Directors into the new statutory statement, these are:

A duty

1. To act in accordance with the company's constitution, and to use powers only for the purposes for which they were conferred
2. To promote the success of the company for the benefit of its members
3. To exercise independent judgment
4. To exercise reasonable care, skill and diligence
5. To avoid conflicts of interest
6. Not to accept benefits from third parties
7. To declare to the company's other directors any interest a director has in a proposed transaction or arrangement with the company, this is a new duty of disclosure

**As a Board member, I will:**

- promote and embed the values, aims and policies of our sport
- act only in the interests of WW and not on behalf of any constituency or interest group (the knowledge and understanding that each Board member brings from their own experience is highly valued but Board members are not allowed to act as representatives of any constituency or interest group)
- establish and maintain robust and comprehensive governance processes and regulations that the whole of WW can be encouraged to replicate
- actively contribute to the effective work of the Board by:
- thorough preparation and reading all papers which have been circulated prior to meetings;
- regular attendance, participation and contribution at meetings including constructive challenge;
- ensuring timely response to agreed actions, requests for information and guidance from fellow Directors, staff and volunteers;
- attending the AGM and any other General Meetings as well as WW events (as and when required)
- deal with issues of clarification “offline” before Board meetings if it relates to a Board agenda item and maintain a sharp focus on agenda items in meetings, to ensure meetings run to time and that time is utilised to best effect