

National Qualifier - Strength Academy Wales 02/02/19

Group 1: Weigh in 7.00-8.00am, competition starts at 9.00

NAME		Club	AT	B/W	SNATCH kg			JERK kg			BEST		TOTAL	pts
					1	2	3	1	2	3	SN	C&J		
Tobie	Poffley	Llanelli WL	10	27	5	6	7	10	11	12	6	12	18	56.08
James	Townsend	SAW	22	47	14	16	18	18	20	28	18	28	46	80.64
Cai	Owen	SAW	45	41.5	18	20	20	28	31	33	20	31	51	99.97
Dewi	Jackson	SAW	70	78.3	34	36	38	42	45	48	38	48	86	106.03
Daniel	Wonfor	SPWLC	83	54.9	28	31	34	46	49	51	34	51	85	131.49
Llyr	Gravell	Llanelli WL	95	60.7	47	50	52	63	66	70	52	66	118	169.76
Kyle	Colella	SAW	100	99.2	40	44	47	55	58	62	44	62	106	117.61
Ben	Rees	Llanelli WL	105	62.8	47	48	51	63	66	66	48	63	111	156.05
Andrew	Picton-Bowen	Llanelli WL	114	68.8	47	50	53	65	68	72	53	72	125	165.81
Jack	Thomas	SPWLC	120	64.3	53	56	58	67	70	72	58	67	125	173.02

National Qualifier - Strength Academy Wales 02/02/19

Group 2: Weigh in 7.00-8.00am, competition starts at 10.30

NAME		Club	AT	B/W	SNATCH kg			JERK kg			BEST		TOTAL	pts
					1	2	3	1	2	3	SN	C&J		
Cari	Gravell	Llanelli WL	10	40.4	8	9	10	14	15	17	10	17	27	47.92
Gwennan	Bowen	Llanelli WL	11	44	8	9	10	14	15	17	10	17	27	44.55
Mylia	Webb	SPWLC	20	33.8	10	12	14	14	16	18	14	18	32	67.22
Sophia	Edwards	Llanelli WL	32	33.7	-10	10	13	17	19	20	13	20	33	69.53
Ffion	Barnikel	SAW	47	48.3	20	24	26	-27	27	33	26	33	59	90.41
Bethan	Saunders	SAW	55	43.3	12	14	16	18	20	-22	16	20	36	60.20
Ellie	Waters	SPWLC	60	58.3	23	25	27	28	29	30	27	30	57	76.59
Sarah	Owens	SPWLC	61	58.6	22	24	26	37	39	41	26	41	67	89.74
Lluan	Bowen	Llanelli WL	75	60.2	30	-33	33	44	47	-50	33	47	80	105.37
Charlotte	Davies	SA1	81	69.3	30	35	37	47	51	56	37	56	93	113.14

National Qualifier - Strength Academy Wales 02/02/19

Group 3: Weigh in 7.00-8.00am, competition starts at 12.00

NAME		Club	AT	B/W	SNATCH kg			JERK kg			BEST		TOTAL	pts
					1	2	3	1	2	3	SN	C&J		
Dylan	Rees	Breeze's	99	54.3	39	43	45	54	57	-60	45	57	102	159.10
Daniel	Davies	SAW	113	50.7	45	49	52	60	64	67	52	67	119	195.88
Edwin	Shave	SPWLC	140	95.3	50	60	65	80	90	-100	65	90	155	174.63
Richard	Edwards	Unattached	150	100.6	45	50	-53	75	-80	80	50	80	130	143.51
Leon	Finnegan	SA1	155	74.6	60	64	67	75	80	83	67	83	150	189.83
Rhys	Peters	Unattached	155	84.9	68	72	75	85	90	93	75	93	168	198.97
Garin	Beams	Unattached	164	67	72	-75	-76	93	-100	-100	72	93	165	222.47
Harvey	Morris	Caerphilly Barbe	165	65.8	72	75	-77	92	-96	-96	75	92	167	227.75
Owain	Smith	Unattached	172	84.3	65	-68	68	95	-100	-102	68	95	163	193.70
Daniel	Thomas	SAW	174	82.1	73	-76	-78	98	103	105	73	105	178	214.25

National Qualifier - Strength Academy Wales 02/02/19

Group 4: Weigh in 7.00-8.00am, competition starts at 1.30

NAME		Club	AT	B/W	SNATCH kg			JERK kg			BEST		TOTAL	pts
					1	2	3	1	2	3	SN	C&J		
Alice	Richardson	Unattached	110	64	45	-48	48	60	63	-66	48	63	111	141.00
Shannon	Hughes	SA1	110	63.4	42	45	-49	58	61	-63	45	61	106	135.38
Eleanor	Welsh	Cardiff Met	112	58.4	45	-47	47	60	63	-65	47	63	110	147.65
Jodie	Stubbs	Breeze's	113	81	46	-48	-48	-67	-68	-68	46	-67	-21	-23.77
Charlotte	Whalley	SAW	115	54	44	46	-49	65	68	-70	46	68	114	161.13
Lianne	Thomas	Unattached	115	57.1	45	50	-53	60	65	-69	50	65	115	156.60
Becky	Hickman	Evolve S&C	117	54.3	47	50	-53	67	70	-72	50	70	120	168.97
Sinead	Lenihan	Unattached	118	59.7	43	46	-50	58	62	65	46	65	111	146.95
Ugne	Sauleviciute	Cardiff Met	120	63.5	54	57	-60	68	-72	-72	57	68	125	159.50
Bethan	Jones	CF Llantrisant	121	63.9	46	-49	-49	65	-66	-66	46	65	111	141.13
Niamh	Roach	SAW	123	60.7	53	56	-58	65	-69	-69	56	65	121	158.57

National Qualifier - Strength Academy Wales 02/02/19

Group 5: Weigh in 11.00-12.00, competition starts at 3.00

NAME		Club	AT	B/W	SNATCH kg			JERK kg			BEST		TOTAL	pts
					1	2	3	1	2	3	SN	C&J		
Izak	Thomas	SA1	185	88.2	70	70	74	105	108	110	74	110	184	214.15
Tom	Bladen	Unattached	190	86.3	75	81	81	110	115	115	81	110	191	224.50
Louis	Thomas	SAW	200	82.4	92	96	100	120	126	130	100	126	226	271.54
Alex	Moseley	Power Athletics	210	79.4	80	85	85	110	115	122	80	122	202	247.26
Craig	Edwards	Llanelli WL	211	81	90	95	100	120	123	128	95	123	218	264.16
Ben	Wasley	Unattached	220	101.4	95	100	100	120	125	135	95	125	220	242.17
Cameron	James	Power Athletics	220	82.8	90	95	102	115	115	120	95	115	210	251.72
Iwan	Biffin	Atomic Fitness	229	80.4	100	100	103	126	130	133	103	130	233	283.39
Jonny	Cordy	Atomic Fitness	229	80	100	103	105	126	126	0	103	126	229	279.23
Thomas	Rees	Llanelli WL	229	80	98	100	104	120	120	120	100	-120	-20	-24.39
Liam	Attwell	CF Llantrisant	235	80.6	90	95	100	125	130	134	95	125	220	267.24

National Qualifier - Strength Academy Wales 02/02/19

Group 6: Weigh in 11.00-12.00, competition starts at 4.30

NAME		Club	AT	B/W	SNATCH kg			JERK kg			BEST		TOTAL	pts
					1	2	3	1	2	3	SN	C&J		
Amy	Walker	Atomic Fitness	125	70.3	55	58	58	75	80	80	58	80	138	166.65
Helen	Qualters	SA1	131	51.8	50	53	53	60	60	60	50	60	110	160.07
Stephanie	Jones	Llanelli WL	137	58	62	62	62	73	73	76	62	73	135	182.00
Fflur	Owen	Unattached	142	62.3	52	54	56	70	73	76	56	73	129	166.44
Helena	Madan	SA1	147	81.7	63	66	69	80	83	83	66	80	146	164.65
Anita	Madan	SA1	150	71.6	69	72	74	79	82	84	72	82	154	184.28
Kathryn	Joseph	Breeze's	150	63.4	64	67	67	79	83	83	67	79	146	186.47
Macy	John	SA1	154	70.4	60	63	65	80	84	87	65	84	149	179.81
Chloe	Hood	SAW	160	70.1	68	68	71	86	89	89	68	86	154	186.24
Enlli	Jones	Unattached	173	71	70	73	73	95	100	103	73	103	176	211.49
Lauren	Burley	Unattached	177	70.5	76	76	80	100	103	103	76	103	179	215.86

National Qualifier - Strength Academy Wales 02/02/19

Group 7: Weigh in 11.00-12.00, competition starts at 6.00

NAME		Club	AT	B/W	SNATCH kg			-70			BEST		TOTAL	pts
					1	2	3	1	2	3	SN	C&J		
Bradley	Humphries	SA1	202	101	75	80	85	115	120	-125	85	120	205	225.98
Rhyddian	Rees	Unattached	206	103.1	-75	75	80	105	110	-115	80	110	190	207.94
James	Hart	SAW	240	95.9	95	100	105	120	125	-130	105	125	230	258.49
Ryan	Wilson	Unattached	240	89	110	-115	-115	-133	133	-140	110	133	243	281.70
Guto	Hughes	Cardiff Met	245	93.4	105	-110	110	-137	137	-142	110	137	247	280.54
Tom	Ingram	SA1	249	78.7	100	105	110	130	135	-141	110	135	245	301.27
Jason	Stephenson	Llanelli WL	252	95.9	115	-120	120	-140	-140	140	120	140	260	292.21
Harry	Nelms	Unattached	255	101.5	100	105	112	140	145	150	112	150	262	288.30