

Gemau Cymru, Welsh Institute of Sport, Cardiff, 5th July 2019.

Group 1: Girls U12, U15 & U20, Presentation of lifters 9.50 competition starts at 10.00

lot no.	NAME		Club	Age Group	AT	cat	B/W	SNATCH kg			JERK kg			BEST		TOTAL
								1	2	3	1	2	3	SN	JERK	
87	Emma	Slocombe	SYNERGI	U12	35	35	35.40	16	18	-20	22	-25	25	18	25	43
Points for technique								4	4	1	8	5	8			30
12	Caitlyn	Mcgrath	SPWLC	U12	20	45	42.70	8	-9	-9	10	11	12	8	12	20
Points for technique								1	1	1	8	8	8			27
31	Lexi	Thomas	SPWLC	U12	68	59	59.50	26	28	30	34	36	38	30	38	68
Points for technique								4	4	1	8	8	8			33
39	Ffion	Barnikel	SAW	U15	64	49	50.30	27	29	-32	35	37	39	29	39	68
Points for technique								4	4	1	8	7	8			32
54	Cerys	Cross	Llanelli WL	U15	30	55	49.30	-10	-10	10	20	22	24	10	24	34
Points for technique								1	1	1	8	7	8			26
33	Charlotte	Whalley	SAW	U15	117	55	54.00	48	50	52	63	66	-70	52	66	118
Points for technique								4	4	4	8	8	5			33
86	Mena	Williams	SPWLC	U15	96	59	58.10	37	39	42	55	58	60	42	60	102
Points for technique								4	4	4	8	8	8			36
17	Seren	Mitchell	SAW	U15	116	87	76.40	-47	47	50	65	67	-70	50	67	117
Points for technique								1	4	4	8	7	5			29
38	Chloe	Hood	SAW	U20	159	71	71.00	65	69	72	83	-87	87	72	87	159
Points for technique								4	4	4	8	1	7			28

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Group 2: Boys U12 Presentation of lifters 11.20. Competition starts at 11.30

lot no.	NAME		Club	Age Group	AT	cat	B/W	SNATCH kg			JERK kg			BEST		TOTAL
								1	2	3	1	2	3	SN	JERK	
14																
34	Cai	Owen	SAW	U12	55	45	44.50	21	23	-24	28	31	33	23	33	56
Points for technique								4	3	1	7	8	7			30
62	Lorenzo	Thomas	Crossfit Caerphilly	U12	35	45	40.00	15	17	-20	20	22	25	17	25	42
Points for technique								4	4	1	8	8	8			33
64	Zach	Jones	Unattached	U12	20	45	25.50	10	-12	-12	12	14	16	10	16	26
Points for technique								1	1	1	7	7	6			23
69	Daniel	Twigge	Unattached	U12	30	45	28.85	12	14	16	20	23	-25	16	23	39
Points for technique								3	3	2	5	6	4			23
89	Reece	Jones	SW1	U12	37	45	46.00	15	18	-20	18	21	-24	18	21	39
Points for technique								1	1	1	7	6	2			18
55	Joshua	Williams	SW1	U12	70	73	71.55	31	33	36	41	44	46	36	46	82
Points for technique								4	4	4	7	8	8			35

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Group 3: Boys U15 & U17 Presentation of lifters 13.50. Competition starts at 14.00

lot no.	NAME		Club	Age Group	AT	cat	B/W	SNATCH kg			JERK kg			BEST		TOTAL
								1	2	3	1	2	3	SN	JERK	
61	Daniel	Davies	SAW	U15	125	61	56.95	55	58	60	70	73	76	60	76	136
Points for technique								4	4	4	8	8	8			36
45	Oliver	Rees	Unattached	U15	82	66	65.85	42	44	46	50	52	56	46	56	102
Points for technique								3	3	3	6	4	4			23
74	Iolo	Griffiths	SPWLC	U15	70	67	64.25	34	36	38	40	44	47	38	47	85
Points for technique								4	1	3	2	3	2			15
88	Llyr	Gravell	Llanelli WL	U15	115	67								0	0	0
Points for technique																0
80	Dewi	Jackson	SAW	U15	70	89	82.35	32	36	40	42	46	50	40	50	90
Points for technique								4	4	4	5	5	4			26
32	Ben	Rees	Llanelli WL	U17	115	67	64.35	57	-60	-62	74	-77	77	57	77	134
Points for technique								4	1	1	6	5	8			25
57	Cian	Green	Unattached	U17	160	67	65.55	70	74	-77	91	96	101	74	101	175
Points for technique								4	4	1	8	8	8			33
15	Kyle	Colella	SAW	U17	100	96	101.00	38	42	45	50	55	60	45	60	105
Points for technique								4	3	4	8	8	8			35
20	Rhyddian	Rees	Unattached	U17	175	96	40.00							0	0	0
Points for technique																0